

### AUTHORIZATION TO RELEASE/EXCHANGE CONFIDENTIAL INFORMATION

I \_\_\_\_\_ (Date of Birth) \_\_\_\_\_ authorize Joy Counseling and Consulting, LLC / Joy Giorgio, LMFT to:

\_\_\_\_\_ release to:  
 \_\_\_\_\_ obtain from:  
 \_\_\_\_\_ exchange with:  
 Name: \_\_\_\_\_ Rel: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 \_\_\_\_\_  
 Telephone: \_\_\_\_\_ FAX: \_\_\_\_\_

the following information pertaining to myself:

_____ all pertinent records	_____ psychiatric evaluation/medication history
_____ treatment summary	_____ dates of treatment attendance
_____ history/intake	_____ progress notes
_____ diagnosis	_____ other (specify) _____
_____ psychological test results	

for the purpose of:

_____ collateral information	_____ evaluation/assessment
_____ consultation	_____ coordinating treatment
_____ legal issues	_____ other (specify) _____
_____ health benefit utilization	

This consent will automatically expire one (1) year after the date of my signature as it appears below, or on the following earlier date, condition, or event \_\_\_\_\_  
 \_\_\_\_\_ (See back for authorization extension).

I understand I have the right to refuse to sign this form, and that I may revoke my consent at any time (except to the extent that the information has already been released).

I hereby release all parties stated herewith from any liability resulting from the release of this information. I agree that a photocopy of this release shall be as valid as the original.

I understand that my communications in therapy are protected under federal and state confidentiality regulations and cannot be disclosed without my written authorization. The information provided by a client during therapy sessions is legally confidential in the case of licensed clinical social workers, except as provided in section 12.43.218 CRS and except for certain legal exceptions. In general, these exceptions pertain to matters of danger to self or others, and to assault or neglect of children.

I further understand that the potential exists for re-disclosure of my private mental health information, and that it may no longer be protected under the HIPAA privacy regulations.

This is to certify that I have given consent freely and voluntarily, and that the benefits and disadvantages of releasing the information, if known, have been explained to me.

\_\_\_\_\_  
Signature of Client Date Signature of Witness Date

**RECORD OF AUTHORIZATION EXTENSIONS**

I hereby confirm that I have reviewed this consent form and agree to its extension for an additional:

Check One:

6 months OR  
 other (specify) \_\_\_\_\_

\_\_\_\_\_  
Signature of Client

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Witness

\_\_\_\_\_  
Date